

Why Should I Attend The Skill Academy?

The Kevin Higgins QB and WR Academy is a unique concept that will challenge each athlete both physically and mentally. All participants will learn the fundamentals, techniques and skills of their particular position. They will perform position specific drills that can be practiced the entire summer. An emphasis will be placed on understanding concepts and schemes. We will video each participant and analyze together his strengths and weaknesses.

Our philosophy at the Academy is that we are not a camp, but a learning laboratory for those who want to master their craft as a quarterback, receiver, tight end and running back.

TYPICAL DAY

Day 1

8:00-9:00 AM Registration

9:15-9:30 AM Camp Meeting

9:45-11:45 AM Field Session #1

12:00-12:45 PM Lunch (Bring or Buy Pizza)

1:00-3:00 PM Field Session #2

3:15 PM Dismissal

Day 2 & 3

8:15-8:30 AM Academy Students Arrive

8:30-9:30 AM Classroom Session #3

9:45-11:45 AM Field Session #3

12:00-12:45 PM Lunch (Bring or Buy Pizza)

1:00-3:00 PM Field Session #4

3:15 PM Dismissal

THE DISTINGUISHED COACHES ATTENDING THE ACADEMY MAY INCLUDE:

Kevin Higgins
Head Football Coach
The Citadel

Tommy Laurendine
Offensive Coordinator/ WR
The Citadel

Everette Sands
Running Backs
The Citadel

Nate Hogge
Tight Ends
The Citadel

South Carolina High School Coaches

KEVIN HIGGINS FOOTBALL CAMP
171 Moultrie Street, Seignious Hall
Charleston, SC 29409
Phone (843) 953-5123
Fax (843) 953-7336

***NCAA mandates that all Kevin Higgins Football camps be open to all students that fall in age or grade level for that particular camp.

A New Era of Bulldog Football

THE KEVIN HIGGINS
2011 QUARTERBACK AND
RECEIVER ACADEMY
AT THE CITADEL

(8TH TO 12TH GRADE)

June 22-24



WHAT WILL A QB LEARN AT THE ACADEMY?

Quarterbacks will learn the fundamentals and proper mechanics of throwing the football. Quarterbacks will learn the proper fundamentals of the center/quarterback exchange, 3 and 5 step drops, establishing a proper throwing platform, sprint-out, dash mechanics and escape drills. Quarterbacks will learn to recognize basic pass defenses as well as common reads and “trigger” drills that quarterbacks need to effectively attack basic coverages. Quarterbacks will learn drills and exercises that can be beneficial to quarterbacks’ performance. Quarterbacks will learn how to study film on mechanics and defensive opponents. Quarterbacks will learn how to correct the common errors that young quarterbacks make with respect to throwing, hand-offs, drops, scrambling, leadership and more.

WHAT WILL RECEIVERS LEARN AT THE ACADEMY?

Receivers will learn the fundamentals and proper techniques of stance and start that are vital to master an explosive “get off” from the line of scrimmage. Receivers will learn basic and advanced separation techniques and maneuvers to attack soft man, press coverage and zone defense. Receivers will learn fundamental “catch” drills and a method for developing concentration and focus. These drills can be incorporated into a year-round skill development program. Receivers will learn to run basic “quick” game routes and proper “deep ball” route techniques. Receivers will learn how to study film to improve fundamentals of running routes and to recognize defensive coverages.

WHAT WILL RUNNING BACKS LEARN AT THE ACADEMY?

Running backs will learn how to be a more effective threat in the pass game. Running backs will learn to master stance, start, body control and ball security. Running backs will learn drills that will improve foot work, hands, ball security and pad level. Running backs will learn through film study how to read blocking schemes and blitz responsibility pre-snap.

THE KEVIN HIGGINS SKILL ACADEMY AT THE CITADEL

Please make check payable to

Kevin Higgins LLC

Send check with form to:

Skill Academy

171 Moultrie Street

Football Office

Charleston, SC 29409

- Day Campers \$150
- Sleep Over Must Make Own Hotel Arrangements

Position: _____ T-Shirt(M, L, XL, XXL)

Name: _____

School: _____

Date of Birth: _____

Grade(next fall): _____ Age : _____

Camper E-mail: _____

Address: _____

City: _____

State: _____ Zip: _____

Parents E-mail: _____

Home Telephone: _____

Parents Cell: _____

Work/Emergency Phone: _____

Parent's

Name: _____

Student Height: _____ Weight: _____

Medical/Health

Coverage: _____

I hereby make application for my child

to attend The Kevin Higgins Skill Academy at The Citadel. I pledge for his compliance with all camp rules.

(Signature of Parent or Guardian)

It is necessary that our doctor has parents’ permission to administer treatment in event of an accident or sudden illness.

Name: _____

Date of Last tetanus immunization: _____

List any conditions that physicians should be aware of: _____

Emergency contacts:

1) _____ Phone _____

2) _____ Phone _____

I hereby authorize any medical treatment which may be advised or recommended by the attending physician of

(student name) while at The Citadel.

Insurance Coverage for accidental injury is required by all participants. In most instances, family health is adequate.

- I have the required insurance
- I do not have the required insurance

Insurance Company: _____

Policy#: _____

(Signature of Parent/Guardian)